

Nutrition Facts

Jammin' Pork

Amount Per Serving

Calories 214.7

Calories from Fat 48.5

% Daily Value*

Total Fat 5.3g **8%**

Saturated Fat 1.8g **9%**

Trans Fat 0.1g

Cholesterol 98.3mg **33%**

Sodium 364.7mg **15%**

Total Carbohydrates 8.5g **3%**

Dietary Fiber 0.2g **1%**

Sugars 7.2g

Protein 31.4g

Vitamin A **0%**

Vitamin C **1%**

Calcium **1%**

Iron **9%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.