

Nutrition Facts

Jammin' Steak

Amount Per Serving**Calories** 234.5

Calories from Fat 73.8

% Daily Value***Total Fat** 8.2g **13%**Saturated Fat 2.8g **14%***Trans* Fat 0.3g**Cholesterol** 82.2mg **27%****Sodium** 371.1mg **15%****Total Carbohydrates** 8.5g **3%**Dietary Fiber 0.2g **1%**

Sugars 7.2g

Protein 29.7gVitamin A **0%**Vitamin C **1%**Calcium **1%**Iron **20%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.