

# Pollo Asada

## Nutrition Facts

Serving Size: 1/3 Package Excluding  
Tortillas (0.0g)

Servings Per Container: 3

### Amount Per Serving

**Calories** 200      Calories from Fat 35

### % Daily Value\*

**Total Fat** 4g      **6%**

Saturated Fat 1g      **5%**

*Trans* Fat 0g

**Cholesterol** 110mg      **37%**

**Sodium** 360mg      **15%**

**Total Carbohydrate** 3g      **1%**

Dietary Fiber <1g      **3%**

Sugars 1g

Sugar Alcohol 0g

**Protein** 34g

Vitamin A 8%      •      Vitamin C 6%

Calcium 2%      •      Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories: | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Sat Fat            | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

CONTAINS: WHEAT

VALUES ARE FOR ENTREE AND DO NOT INCLUDE VALUES FOR SIDE ITEMS (RICE, PASTA, POTATOES, ETC).

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS