

Nutrition Facts

Eggplant Parmesan

Amount Per Serving

Calories 575.9

Calories from Fat 267.7

% Daily Value*

Total Fat 31.1g **48%**

Saturated Fat 11.5g **57%**

Trans Fat 0g

Cholesterol 40.5mg **14%**

Sodium 1715.7mg **71%**

Total Carbohydrates 56.8g **19%**

Dietary Fiber 5g **20%**

Sugars 10.4g

Protein 22g

Vitamin A **0%**

Vitamin C **0%**

Calcium **0%**

Iron **0%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.