

Nutrition Facts

Bacon 'n Blue Shrimp Lighter Fixin's

Amount Per Serving

Calories 208.4

Calories from Fat 116

% Daily Value*

Total Fat 8.6g **13%**

Saturated Fat 3.6g **18%**

Trans Fat 0g

Cholesterol 159.9mg **53%**

Sodium 1097.7mg **46%**

Total Carbohydrates 9.9g **3%**

Dietary Fiber 0.6g **3%**

Sugars 0.6g

Protein 21.7g

Vitamin A **0%**

Vitamin C **0%**

Calcium **9%**

Iron **2%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.