

Nutrition Facts

Bacon 'n Blue Steak

Amount Per Serving**Calories** 390

Calories from Fat 240.2

% Daily Value***Total Fat** 22.4g **34%**Saturated Fat 7.1g **35%***Trans* Fat 0.3g**Cholesterol** 105.3mg **35%****Sodium** 586.5mg **24%****Total Carbohydrates** 9.5g **3%**Dietary Fiber 0.6g **3%**

Sugars 0.6g

Protein 35.9g

Vitamin A **0%****Vitamin C** **0%****Calcium** **3%****Iron** **19%**

Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.