

Sticky Sesame Chicken

Nutrition Facts

Serving Size: 1/3 Kit Excluding Rice (0.0g)
Servings Per Container: 3

Amount Per Serving

Calories 650 Calories from Fat 120

% Daily Value*

Total Fat 13g **20%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 85mg **28%**

Sodium 2320mg **97%**

Total Carbohydrate 101g **34%**

Dietary Fiber 5g **20%**

Sugars 59g

Sugar Alcohol 0g

Protein 36g

Vitamin A 20% • Vitamin C 180%

Calcium 8% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

CONTAINS: WHEAT, SOY

VALUES ARE FOR ENTREE AND DO NOT
INCLUDE VALUES FOR SIDE ITEMS
(RICE, PASTA, POTATOES, ETC).

MODIFICATIONS TO THE ORIGINAL
RECIPE (LOW SODIUM, INGREDIENT
SUBSTITUTIONS, ETC) WILL GREATLY
ALTER THESE NUTRITIONAL FACTS