

Better Than Mom's Meatloaf Beef

Nutrition Facts

Varied servings per container

Serving size 1/6th of Loaf (0.0g)

Amount Per Serving

Calories **550**

% Daily Value*

Total Fat 34g **44%**

Saturated Fat 13g **65%**

Trans Fat 2g

Cholesterol 110mg **37%**

Sodium 1050mg **46%**

Total Carbohydrate 29g **11%**

Dietary Fiber 1g **4%**

Total Sugars 21g

Includes 16g Added Sugars **32%**

Protein 31g

Vitamin D 0.3mcg 2%

Calcium 150mg 10%

Iron 3.9mg 20%

Potassium 480mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, EGG, WHEAT

MODIFICATIONS TO THE ORIGINAL RECIPE
(LOW SODIUM, INGREDIENT
SUBSTITUTIONS, ETC) WILL GREATLY
ALTER THESE NUTRITIONAL FACTS