

Carne or Pollo Asada

Chicken Gluten Free

Nutrition Facts

Varied servings per container

Serving size

1/3 of 3-Serving Package or 1/6 of 6-Serving Package (0.0g)

Amount Per Serving

Calories

200

% Daily Value*

Total Fat 4g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 105mg **35%**

Sodium 610mg **27%**

Total Carbohydrate 6g **2%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 33g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 1mg 6%

Potassium 610mg 15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

SIDE ITEMS (RICE, PASTA, TORTILLAS) ARE NOT INCLUDED.

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS