

Carne or Pollo Asada Steak

Nutrition Facts

Varied servings per container

Serving size

1/3 of 3-Serving Package or 1/6 of 6-Serving Package (0.0g)

Amount Per Serving

Calories

230

% Daily Value*

Total Fat 9g **12%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 90mg **30%**

Sodium 620mg **27%**

Total Carbohydrate 6g **2%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Protein 30g

Vitamin D 0.1mcg 0%

Calcium 60mg 4%

Iron 2.7mg 15%

Potassium 590mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: WHEAT

SIDE ITEMS (RICE, PASTA, TORTILLAS) ARE NOT INCLUDED.

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS