

Chicken Enchiladas

Nutrition Facts

Varied servings per container

**Serving size 1 Enchilada
(0.0g)**

Amount Per Serving

Calories 350

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 1370mg **60%**

Total Carbohydrate 38g **14%**

Dietary Fiber 4g **14%**

Total Sugars 4g

Includes 0g Added Sugars **0%**

Protein 25g

Vitamin D 0.1mcg 0%

Calcium 210mg 15%

Iron 3.6mg 20%

Potassium 430mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, WHEAT

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS