

Chicken Parmesan

Nutrition Facts

Varied servings per container

Serving size

1 Piece with Sauce and Cheese (0.0g)

Amount Per Serving

Calories

440

% Daily Value*

Total Fat 23g **29%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 75mg **25%**

Sodium 1480mg **64%**

Total Carbohydrate 31g **11%**

Dietary Fiber 2g **7%**

Total Sugars 8g

Includes 0g Added Sugars **0%**

Protein 31g

Vitamin D 0.1mcg 0%

Calcium 340mg 25%

Iron 1.9mg 10%

Potassium 40mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, WHEAT

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS