

# Chili Blanco Vegetarian

## Nutrition Facts

Varied servings per container

**Serving size**

**1/3 of 3-Serving Package or 1/6 of 6-Serving Package (0.0g)**

**Amount Per Serving**

**Calories**

**470**

**% Daily Value\***

**Total Fat** 13g **17%**

Saturated Fat 6g **30%**

*Trans* Fat 0g

**Cholesterol** 35mg **12%**

**Sodium** 2090mg **91%**

**Total Carbohydrate** 68g **25%**

Dietary Fiber 15g **54%**

Total Sugars 7g

Includes 0g Added Sugars **0%**

**Protein** 24g

Vitamin D 0mcg 0%

Calcium 250mg 20%

Iron 5.3mg 30%

Potassium 1190mg 25%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS