

Eggplant Parmesan

Nutrition Facts

Varied servings per container

Serving size

**1/3 of 3-serving or 1/6 of 6-serving
(0.0g)**

Amount Per Serving

Calories

510

% Daily Value*

Total Fat 23g **29%**

Saturated Fat 7g **35%**

Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 1560mg **68%**

Total Carbohydrate 62g **23%**

Dietary Fiber 3g **11%**

Total Sugars 12g

Includes 0g Added Sugars **0%**

Protein 17g

Vitamin D 0.1mcg 0%

Calcium 340mg 25%

Iron 3.5mg 20%

Potassium 40mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, WHEAT

MODIFICATIONS TO THE ORIGINAL RECIPE
(LOW SODIUM, INGREDIENT
SUBSTITUTIONS, ETC) WILL GREATLY
ALTER THESE NUTRITIONAL FACTS