

# Fresh Mex Chicken Keto

## Nutrition Facts

Varied servings per container

**Serving size**

**1/3 of 3-Serving Package or 1/6 of 6-Serving Package (0.0g)**

**Amount Per Serving**

**Calories**

**360**

**% Daily Value\***

**Total Fat** 24g **31%**

Saturated Fat 4g **20%**

*Trans* Fat 0g

**Cholesterol** 130mg **43%**

**Sodium** 650mg **28%**

**Total Carbohydrate** 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 34g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 0.6mg 4%

Potassium 540mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK

SIDE ITEMS (RICE, PASTA) ARE NOT INCLUDED.

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS