

Fresh Mex Chicken

Nutrition Facts

Varied servings per container

Serving size

1/3 of 3-Serving Package or 1/6 of 6-Serving Package (0.0g)

Amount Per Serving

Calories

370

% Daily Value*

Total Fat 24g **31%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 130mg **43%**

Sodium 650mg **28%**

Total Carbohydrate 4g **1%**

Dietary Fiber 0g **0%**

Total Sugars 2g

Includes 2g Added Sugars **4%**

Protein 34g

Vitamin D 0mcg **0%**

Calcium 20mg **2%**

Iron 0.6mg **4%**

Potassium 540mg **10%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK

SIDE ITEMS (RICE, PASTA) ARE NOT INCLUDED.

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS