

Rosemary Ranch Chicken

Nutrition Facts

Varied servings per container

Serving size

1/3 of 3-Serving Package or 1/6 of 6-Serving Package (0.0g)

Amount Per Serving

Calories

250

% Daily Value*

Total Fat 12g **15%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 105mg **35%**

Sodium 490mg **21%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes <1g Added Sugars **2%**

Protein 32g

Vitamin D 0mcg 0%

Calcium 10mg 0%

Iron 0.6mg 4%

Potassium 480mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, EGG

SIDE ITEMS (RICE, PASTA) ARE NOT INCLUDED.

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS