

# Sticky Sesame Chicken Lighter Fixin's

## Nutrition Facts

Varied servings per container

**Serving size**

**1/3 of 3-Serving Package or 1/6 of 6-Serving Package (0.0g)**

**Amount Per Serving**

**Calories**

**480**

**% Daily Value\***

**Total Fat** 12g **15%**

Saturated Fat 2g **10%**

*Trans* Fat 0g

**Cholesterol** 105mg **35%**

**Sodium** 1960mg **85%**

**Total Carbohydrate** 58g **21%**

Dietary Fiber <1g **2%**

Total Sugars 52g

Includes 47g Added Sugars **94%**

**Protein** 34g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 0.8mg 4%

Potassium 510mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: SOY

SIDE ITEMS (RICE, PASTA) ARE NOT INCLUDED.

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS