

Stuffed Shells Cheese

Nutrition Facts

Varied servings per container

Serving size 2 Shells (0.0g)

Amount Per Serving

Calories 320

% Daily Value*

Total Fat 13g 17%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 870mg 38%

Total Carbohydrate 41g 15%

Dietary Fiber 4g 14%

Total Sugars 9g

Includes 0g Added Sugars 0%

Protein 14g

Vitamin D 0.1mcg 0%

Calcium 260mg 20%

Iron 2.7mg 15%

Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, EGG, WHEAT

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS