

Stuffed Shells Florentine

Nutrition Facts

Varied servings per container

Serving size 2 Shells (0.0g)

Amount Per Serving

Calories 410

% Daily Value*

Total Fat 20g **26%**

Saturated Fat 10g **50%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 1330mg **58%**

Total Carbohydrate 41g **15%**

Dietary Fiber 4g **14%**

Total Sugars 11g

Includes 0g Added Sugars **0%**

Protein 20g

Vitamin D 0.1mcg 0%

Calcium 160mg 10%

Iron 0.9mg 4%

Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, EGG, WHEAT

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS