

White Chicken Lasagna

Nutrition Facts

Varied servings per container

Serving size

**1/4 of 3-Serving or 1/8 of 6-Serving
(0.0g)**

Amount Per Serving

Calories

530

% Daily Value*

Total Fat 27g **35%**

Saturated Fat 11g **55%**

Trans Fat 0g

Cholesterol 100mg **33%**

Sodium 980mg **43%**

Total Carbohydrate 36g **13%**

Dietary Fiber 2g **7%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 35g

Vitamin D 0.3mcg **2%**

Calcium 560mg **45%**

Iron 2.8mg **15%**

Potassium 350mg **8%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CONTAINS: MILK, EGG, WHEAT

MODIFICATIONS TO THE ORIGINAL RECIPE
(LOW SODIUM, INGREDIENT
SUBSTITUTIONS, ETC) WILL GREATLY
ALTER THESE NUTRITIONAL FACTS