Orzo Risotto with Bacon and Shrimp

Nutrition Facts

Serving Size: 1/3 Package Including Pasta (0.0g)
Servings Per Container: 3

Amount Per Serving

Calories 350	Calories from Fat 70
	% Daily Value*
Total Fat 8g	**12**%
Saturated Fat 1.5g	**8**%
Trans Fat 0g	
Cholesterol 125mg	**42**%
Sodium 1100mg	**46**%
Total Carbohydrate 45g	**15**%
Dietary Fiber 7g	**28**%
Sugars 2g	
Sugar Alcohol 0g	
Protein 25g	

Vitamin A 10%	•	Vitamin C 8%
Calcium 10%	•	Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

CONTAINS: WHEAT, SOY, SHRIMP

VALUES ARE FOR ENTREE AND DO NOT INCLUDE VALUES FOR SIDE ITEMS (RICE, PASTA, POTATOES, ETC).

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS