

# Kane's Crunchy Chicken Strips

## Nutrition Facts

Serving Size: 6 oz Chicken and 2 oz

Sauce (0.0g)

Servings Per Container: 4

### Amount Per Serving

**Calories** 620      Calories from Fat 400

### % Daily Value\*

**Total Fat** 45g      **69%**

Saturated Fat 7g      **35%**

*Trans* Fat 0g

**Cholesterol** 95mg      **32%**

**Sodium** 1440mg      **60%**

**Total Carbohydrate** 39g      **13%**

Dietary Fiber 0g      **0%**

Sugars 8g

Sugar Alcohol 0g

**Protein** 25g

Vitamin A 2%      •      Vitamin C 6%

Calcium 4%      •      Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories: | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Sat Fat            | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

CONTAINS: EGG, SOY

VALUES ARE FOR ENTREE AND DO NOT INCLUDE VALUES FOR SIDE ITEMS (RICE, PASTA, POTATOES, ETC).

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS