

Coconut Curry Chicken

Nutrition Facts

Serving Size: 1/3 Chicken and Sauce
(0.0g)

Servings Per Container: 3

Amount Per Serving

Calories 330 Calories from Fat 180

% Daily Value*

Total Fat 20g **31%**

Saturated Fat 12g **60%**

Trans Fat 0g

Cholesterol 85mg **28%**

Sodium 690mg **29%**

Total Carbohydrate 6g **2%**

Dietary Fiber 1g **4%**

Sugars 3g

Sugar Alcohol 0g

Protein 28g

Vitamin A 0% • Vitamin C 2%

Calcium 2% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

VALUES ARE FOR ENTREE AND DO NOT INCLUDE VALUES FOR SIDE ITEMS (RICE, PASTA, POTATOES, ETC).

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS