

Roasted Pork Tenderloin and Sweet Potatoes

Nutrition Facts

Serving Size: 1/3 Pork and Potatoes (0.0g)

Servings Per Container: 3

Amount Per Serving

Calories 390 Calories from Fat 100

% Daily Value*

Total Fat 11g **17%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 115mg **38%**

Sodium 900mg **38%**

Total Carbohydrate 33g **11%**

Dietary Fiber 2g **8%**

Sugars 18g

Sugar Alcohol 0g

Protein 39g

Vitamin A 370% • Vitamin C 15%

Calcium 4% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

CONTAINS: WHEAT, SOY

VALUES ARE FOR ENTREE AND DO NOT INCLUDE VALUES FOR SIDE ITEMS (RICE, PASTA, POTATOES, ETC).

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS