

Beef Stroganoff

Nutrition Facts

Serving Size: 1/3 Protein and Sauce (0.0g)

Servings Per Container: 3

Amount Per Serving

Calories 370 Calories from Fat 230

% Daily Value*

Total Fat 26g **40%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 75mg **25%**

Sodium 800mg **33%**

Total Carbohydrate 6g **2%**

Dietary Fiber 0g **0%**

Sugars 1g

Sugar Alcohol 0g

Protein 25g

Vitamin A 35% • Vitamin C 2%

Calcium 2% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

CONTAINS: MILK, EGG, WHEAT, SOY

VALUES ARE FOR ENTREE AND DO NOT INCLUDE VALUES FOR SIDE ITEMS (RICE, PASTA, POTATOES, ETC).

MODIFICATIONS TO THE ORIGINAL RECIPE (LOW SODIUM, INGREDIENT SUBSTITUTIONS, ETC) WILL GREATLY ALTER THESE NUTRITIONAL FACTS