Crunchy Onion Chicken Strips - Single Fixin's

Nutrition Facts

Serving Size: 1 Meal (0.0g)
Servings Per Container: 1

Amount Per Serving

Calories 420	Calories from Fat 210
	% Daily Value*
Total Fat 23g	**35**%
Saturated Fat 5g	**25**%
Trans Fat 0g	
Cholesterol 75mg	**25**%
Sodium 550mg	**23**%
Total Carbohydrate 23g	**8**%
Dietary Fiber 0g	**0**%
Sugars 0g	
Sugar Alcohol 0g	
Protein 26g	

Vitamin A 20%	•	Vitamin C 0%
Calcium 2%	•	Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

CONTAINS: WHEAT, SOY

MEAL KITS: REFER TO SERVING SIZE DETAILS. SIDE ITEMS (POTATOES, RICE, ETC) MAY NOT BE INCLUDED IN NUTRITIONAL LABEL.

SINGLE FIXINS: VALUES SHOWN ARE FOR THE ENTIRE MEAL WITH THE INCLUDED SIDES. MODIFICATION TO SIDES (ALL VEG, ETC) WILL GREATLY ALTER THESE DETAILS.